

HEALTH ASSESSMENT FOR IMMIGRANTS TO THE US INFORMATION SHEET

Health assessments for the immigrants to the US are conducted by the International Organization for Migration (IOM) at the Migration Health Assessment Center.

Working hours: 08:00 – 17:00, Monday through Friday, except national holidays.

Appointments and Information: 08:00 – 17:00, Monday through Friday, except national holidays.

Phone numbers: (+977) 01 44 26 250

Address: IOM Migration Health Assessment Center (MHAC), 768/4, Thirbam Sadak, Baluwatar-4 (next to the main IOM office).

What to bring to the health assessment:

- 1. Appointment letter
- 2. Passport or other travel document. Photocopies will not be accepted.
- 3. Three photographs in the same format as for the US visa
- 4. Vaccination record, if available
- 5. Previous chest X-rays, if available
- 6. If you suffer or have suffered from any chronic condition or underwent major medical or surgical treatment, please bring medical records or hospital reports. Insufficient information may lead to delay and additional testing.

Important notices:

- 1. Children 2— below 15 years old need blood test called IGRA test. We would arrange this test three times in a week, Monday, Wednesday and Friday. Results will be available usually within a period of 48 hours.
- 2. Children under 16 years must be accompanied by a parent or a legal guardian, who can sign and take decisions on their behalf.

Service fee

Adults -- 15 and above USD 162 Children -- 2 yrs and under 15 years USD 139 Children -- 0—2 yrs USD 84

The fees are to be paid in US Dollars or Nepali Rupees at the IOM exchange rate for the month (check exchange rate with IOM staff).



The fee includes:

- 1. Physical examination
- 2. Chest X-ray with additional views, if needed
- 3. Blood drawing, serological test for syphilis, including confirmatory test, if needed and treatment for syphilis, if needed
- 4. IGRA blood test
- 5. Additional testing for tuberculosis (TB), if needed
- 6. Treatment for TB, if needed
- 7. Reviewing and transcribing vaccination records
- 8. Pregnancy test, if needed
- 9. Gonorrhoea test

The fee does not include:

- 1. Vaccinations (charged separately, see attachment)
- 2. Any additional investigations, which may be required to establish or clarify a diagnosis, including psychiatric evaluation
- 3. Any costs associated with the applicant's stay in Kathmandu, including costs related to a long-term stay for TB treatment
- 4. Any costs associated with the treatment of side effects that may occur during TB or syphilis treatment

Fees must be paid at MHAC prior to the health assessment (on the day of health assessment or before). Fees for vaccinations must be paid on the day of the health assessment after review of the vaccination history by an IOM health worker.

Immunization fees:

| Vaccine | USD |
|-------------------------------------|-----|
| Diphtheria, tetanus, and pertussis | 2 |
| Measles, rubella and mumps | 7 |
| Polio (IPV) | 15 |
| Hepatitis A: | 40 |
| Hepatitis B: | 4 |
| Haemophilus influenzae type b (Hib) | 10 |
| Varicella | 35 |
| Pneumococcal for adults | 30 |
| Pneumococcal for children | 30 |
| Meningococcal | 16 |
| Influenza | 15 |

Rotavirus Currently not available. Check with IOM staff while

making the appointment.



- 1. Do not conceal medical conditions. Deliberate attempts to hide them will be reported to the Embassy.
- 2. Do not conceal pregnancy. Pregnancy will not affect your immigration prospects, however, some immunizations are contradicted during pregnancy and could harm your baby.
- 3. Abstain from drinking alcohol on the day before the examination.
- 4. Note that your whole body will be examined. Please maintain proper hygiene.
- 5. Postpone or re-schedule your appointment if you or your child is acutely ill with a high fever or rash.
- 6. If you use glasses or contact lens, please bring them to the health assessment.
- 7. Wear comfortable loose garments for the convenience of the physical examination.

Location of the Migration Health Assessment Center (MHAC)

